An exciting invitation for graduate students, recently graduated students and postdoctoral fellows.

Inspiration, access to leading scientists, state-of-the-art research techniques and effective mentorship serve as vital components of educating the preeminent researchers of tomorrow. To this end, the International Society for Research in Human Milk and Lactation (ISRHML) and the Family Larsson-Rosenquist Foundation (FLRF) have developed an international expansion program to help do just that.

The Trainee Expansion Programme (TEP) was created to accomplish the following goals within the field of human milk and lactation:

- Cultivate the talents and skills of young scientists already in the field, to promote their academic and career advancement
- Provide an opportunity for young scientists with relevant skills in related disciplines to enter the field of human lactation
- Foster a worldwide exchange of knowledge, and bring new understandings and expertise to regions where they will have the greatest impact

Trainees would gain the chance, for example, to:

- work in a different lab, discipline, or country to learn new techniques and gain new perspectives
- make their research more widely applicable
- develop an interdisciplinary and international scientific network
- transcend cultural or language barriers
- exchange and share ideas and experiences among fellow students and host institutions

ISRHML and FLRF invite you to apply.
Trainee Travel Fund

Short-term activities achievable within three months

- learn a new technique to establish it back home
- gain experience in a different research group
- take your benchwork into the field
- bring your field research into a lab
- use your knowledge to enhance breastfeeding in another setting
- establish a new collaboration, e.g., for a joint project
- work on a short-term project that does not fit into your current research location

The TTF of up to $10,000 may be exactly what you are looking for.

Eligible applicants must:

1. be ISRHML Trainee Members
2. be involved in a project that is relevant to their research in human milk and lactation
3. propose a visit to a group outside the current training facility with a project that is relevant to research in human milk and lactation

For more information on the TTF, please go to: www.isrhml.com

Trainee Bridge Fund

Long-term activities achievable within one year

Transitioning into an independent position can be daunting. So too can changing your career focus, even within a similar field. We understand this, thus the Trainee Bridge Fund (TBF) may be just what you need. It is an ideal way to help launch your independent research career in the field of human milk and lactation or to move into the field. We welcome you to apply if you:

- aspire to become an independent professional
- possess distinct plans and a clear vision for advancing your career
- wish to refocus your career towards the field of human milk and lactation
- need exposure in a new setting to establish collaborations

The TBF of up to $100,000 could set you on the right path.

Eligible applicants must:

1. be ISRHML Members or ISRHML Trainee Members
2. fulfill at least one of the following criteria at application deadline:
   a. be enrolled in a Master’s, PhD or MD (or equivalent) program, completed by the start of the TBF project
   b. have attained a Master’s, PhD or MD (or equivalent) within the last three years
   c. be due to complete or have completed in the last 12 months a postdoctoral research or clinical training program, medical residency or medical fellowship
   d. be enrolled in a Master’s or PhD program in another field such as Public Health, Health Economics or another health-related area of human milk and lactation
3. propose a project that is relevant to research in human milk and lactation
4. demonstrate steadfast commitment to the field of human milk and lactation, or, for those entering the field, provide a project proposal that illustrates your permanent commitment

For more information on the TBF, please go to: www.isrhml.com

TEP covers all disciplines, and welcomes geographic and cultural diversity
Apply

Does this sound like you?

If you are interested in advancing your career or expanding your research techniques and seek inspiration, ISRHML and FLRF invite you to send your application.

Application process:
Applicants will be requested to provide detailed information on their careers to date, projects and potential host institutions. Full requirements can be found here: www.isrhml.com

All eligible proposals will be considered by a scientific review board. High-quality applications will then be referred to a counsel board for final decisions.

Please note that applications for the TEP can only be accepted online, via the following link: www.isrhml.com

If you have any questions prior to applying, please contact tep@isrhml.com

We welcome your questions and application.

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Deadlines

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<tr>
<th>Timeline</th>
<th>Trainee Travel Fund</th>
<th>Trainee Bridge Fund</th>
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<tbody>
<tr>
<td>Application deadline</td>
<td>1 December 30 June</td>
<td>30 June</td>
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<tr>
<td>Revision and board decision</td>
<td>1 March 1 September</td>
<td>1 September</td>
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<tr>
<td>Earliest start date</td>
<td>1 April 1 October</td>
<td>1 October</td>
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